ABOUT HOW AND WHY: “I dream of a better world,” writes zinester and How and Why author Matte Resist in the intro to his new book. He continues, “To me DIY culture is about grabbing a little piece of that dream.” What follows over the course of the next 281 pages is Matte doing what all dreamers must do—waking up from his dream, opening his eyes, and confronting what roadblocks and hurdles lie between him and his goal. Matte does this by laying down chapter upon chapter of blueprints for a better world. A sequel to our do-it-yourself handbook Making Stuff and Doing Things, How and Why gives us detailed, engaging, easy-to-use info on bicycles, home and garage, gardening, educating children, musical instruments, and more. If you dream of taking back your life and building a better world, How and Why might be your new best friend.

“In this Boy Scouts Guide for the Pending Apocalypse, Matte Resist penned one of the most fascinating and riveting how-to books I’ve ever read. Many punks and radicals preach a live-off-the-grid rant, but Matte shows how a family can make use of common items and opportunities to have a cheap, full and happy life. This book stands above piles of how-to drivels because of Matte’s explanation of not just how, but why we should ride bikes, build musical instruments, and plant gardens. He’s not raising a middle finger to the status quo; he’s too busy with hammer and wrench in hand.” —cigar box guitar historian, Shane Speal

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Matte Resist lives with his wife and children in Minneapolis, MN. He’s the author of the Resist zine as well as Scallywags. He has been making zines since the 6th grade.

ABOUT THE PUBLISHER:
Microcosm Publishing is an independent publisher and distributor based in Portland, Oregon and Bloomington, IN. Our titles attempt to teach self empowerment to disenfranchised people and to nurture their creative side.